

Installation Instructions | MediWatch Velcro Straps

Step One: Removing Original Watch Straps (if applicable)

1. Turn over the MediWatch and find the quick-release lever on one of the straps.
2. While pressing the quick-release lever inwards (towards the middle of the watch), gently pull the band away from the watch.
3. Repeat on the other side.



Step Two: Installing the Velcro Straps

Note: the quick-release pin can sometimes slot into the recess of the attachments and may seem stuck. A pin or something similar can be wedged underneath it to free the pin if required.

1. With the watch face down, identify the side with the small microphone hole. This is the side where the 'fixed end' of the strap is to be attached.
2. The 'floating' end that slides up and down the strap should be facing up with the quick-release pin portion above the strap.
3. Attach the 'fixed end'.
4. Pick up the MediWatch and attach the 'floating' end to the other end of the MediWatch.
5. Place the wrist through the strap.
6. Adjust the strap length as needed. It's best practice to have at least 2 of the 5 Velcro tabs connected while wearing the strap.
7. All done!



If you have further questions, please do not hesitate to call us at (08) 6336 9448.